

Brookridge

AESTHETICS

Pre & Post Treatment Instructions Accent Prime™ Body Sculpting Treatment

Before your treatment....

- Your clinician will perform a medical history assessment and check for contraindications.
- Remove all jewelry or pendants, including necklaces, bracelets, watches, earrings, piercings, etc.
- Remove all makeup, moisturizers or oils from the treatment area.

After your treatment....

- Massage the area (several swipes). This will help alleviate any discomfort
- Clean the skin.
- Let the patient rest for 10–15 minutes on the treatment bed.
- Patient should drink two glasses of water immediately after the treatment.
- It is recommended to drink a lot of water (at least 8–10 cups a day) for three days following the treatment.
- Avoid excessive exercise, sweating, hot baths or saunas for three days after treatment.
- Avoid consumption of alcoholic drinks for three days after treatment (alcohol might drain water from the body and skin).
- Protect your skin in the sun with one of our broad-spectrum sun screens

Things to remember....

- Treatment is complete when satisfactory results are obtained.
- The number of treatments may vary according to the degree of skin irregularity, patient age, skin condition, smoking history, medical history and medications.

Any questions/concerns - call our office at 903-315-2907